

# You get one chance to make a first impression.



In both personal and professional situations, you're called upon to introduce yourself to others.

Being able to break the ice confidently and competently can mean the difference between **getting off to a great start** or **starting off on the wrong foot**.

That's why **The Icebreaker** is the first project in the Toastmasters' *Communication & Leadership* educational program.

In 4-6 minutes, you'll talk about the subject you know better than any other: You! Simply introduce yourself to the club.

And when you're done, you'll receive immediate feedback from a fellow member on what you did well ... and a challenge or two for improvement.

It's the first step to becoming a **confident, competent communicator**.

