

TONGUE-TIED AND TERRIFIED?

A senior executive stops you in the hall and asks for the status of a current project.

Your Vice President calls on you in a meeting and asks for your opinion.

They're either **career-building opportunities** or **cause for terror**. It all depends on how well you think on your feet!

Impromptu speaking strikes fear in the hearts of many, but you'll only learn to untie your tongue through regular practice. A Toastmasters club is a great place to start!

