

# A New Year



**Toastmasters  
International**

Making effective communication a  
world wide reality.

[www.toastmasters.org](http://www.toastmasters.org)



**A New You!**

**Are you looking to ...**

- Improve your communication & presentation skills
- Learn to give constructive & motivating feedback
- Gain self confidence!
- Learn to think quickly on your feet
- Discover the leader within yourself
- Run effective meetings

If any of these apply to you, visit a club today!

